



Lemoyne Office



York Office

## Contact Information

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**Call today to get New Insights on life!**

## Philosophy

**New Insights II** is devoted to the reversal of addiction by meeting the comprehensive needs of the individual through education, counseling, and a restoration of self-confidence. It is our mission to provide a platform for success through a non-threatening, caring environment while allowing all clients to maintain their dignity.

## Website

Visit our website [www.newinsights2.com](http://www.newinsights2.com) for drug and alcohol information, detailed program descriptions, an alcohol survey, personal testimonies and much more!

## Addiction in the Workplace

- 90,000 people die annually from alcohol related causes placing it 3rd on the list of preventable causes of death in the US – CDC
- Alcohol is easily the most widely abused substance in the US – SAMSHA
- In 2013 more than half of all adult Americans drank alcohol, 134 million drinkers, close to 15 million hold full time jobs and can be described as ‘heavy drinkers’ – National Survey on Drug Use and Health
- There is a large financial toll on employers from a variety of factors: absences, lost productivity, health care costs for associated medical issues, malpractice costs for accidents
- Of all drug users 74.8% are employed and active in the workplace, 12.9 million Americans actively use drugs in the workforce – OSHA
- 10-20% of American workers that die at work have a positive result when tested for drugs or alcohol – OSHA
- In 2012 29.1 million people admitted to driving under the influence of alcohol – SAMSHA

“Addiction is this country’s number one public health problem. We know that treating drug and alcohol addiction results in more productive work places and healthier and safer communities.”

Jill Wiedemann-West, Senior Vice President of Clinical and Recovery Services at the Hazelden Foundation.

### Six possible symptoms of addiction in the workplace:

1. Change in work attendance or performance
2. Alteration of personal appearance
3. Mood swings or attitude changes
4. Withdraw from responsibility or associate contacts
5. Unusual patterns of behavior
6. Defensive attitude concerning the stigma of addiction

[www.newinsights2.com](http://www.newinsights2.com)

## Centers for Treatment of Alcoholism and Chemical Dependency

[www.newinsights2.com](http://www.newinsights2.com)



*The path home waits for you*



## First Steps

Begin your journey with the support you need. Don't hesitate to call for yourself or if concerned for another. Appointments are scheduled by telephone to accommodate day, evening or weekend visits.

## What to Expect

Upon coming to New Insights II, you will receive an evaluation to determine if treatment is necessary. If so, we will:

- Recommend most appropriate level of treatment
- Assess living situation and, when appropriate, refer to local Sober Living supportive homes
- Provide a thorough orientation to address concerns, expectations and clarify policies
- Develop an individually tailored treatment plan
- Establish a support system to integrate recovery into your everyday life
- Foster lifestyle change for long term results

*"Addiction is not your fault,  
but recovery is your responsibility."*



## Fees

Our programs are covered by most major insurance providers, HMOs, and PPOs. Fees for appropriate treatment are discussed in advance. Insurance can be verified prior to admission.

## Programs

### COMPREHENSIVE OUTPATIENT PROGRAM

This treatment level typically involves:

- Combination of individual, couples, family, or group counseling sessions
- Short-term programs designed for clients who have been arrested for Driving Under the Influence

### ALCOHOL HIGHWAY SAFETY SCHOOL

Required for any offender charged with a first or second DUI offense. Classes are held Saturday & Sunday for a total of 12 ½ hours that meet current probation requirements

### INTENSIVE OUTPATIENT PROGRAM

This intensive program includes three groups plus an individual session weekly for a maximum of six weeks. This middle level of care provides more structure than traditional outpatient treatment.

## "Rehab While at Work"™

### PARTIAL HOSPITALIZATION PROGRAM

This program provides a solid foundation and momentum for long term recovery while avoiding long term absence from work and lost income.

This innovative program enables clients to:

- Stay on the job while in treatment, when appropriate
- Integrate recovery and lifestyle change into current environment
- Achieve a better understanding of recovery as a lifelong process
- Give family more accessibility to the treatment process
- Obtain treatment at an affordable cost
- Receive daily support and direction
- Experience many non-traditional aspects such as nutritional guidelines, journaling, art therapy, yoga, and stress management techniques